**Congressional Briefing:**

**Supporting Healthy Parenting through Primary Care**

**Join Us April 19, 2016 from 1:00-3:30 PM**

**Capitol Visitor’s Center**

**SVC 201-00**

**Thank You to Our Co-Hosts:**

[**Senator Lamar Alexander**](http://www.alexander.senate.gov/public/) **(R-Tennessee)**

**Chairman, Senate Committee on Health, Education, Labor, and Pensions**

**&**

[**Senator Patty Murray**](https://www.murray.senate.gov/public/) **(D-Washington)**

**Ranking Member, Senate Committee on Health, Education, Labor, and Pensions**

The [National Prevention Science Coalition to Improve Lives](http://www.npscoalition.org/), with input from the [American Academy of Pediatrics](https://www.aap.org/) and the [Coalition for the Promotion of Behavioral Health](http://aaswsw.org/grand-challenges-initiative/12-challenges/ensure-healthy-development-for-all-youth/) will host a briefing with nationally recognized experts on pediatric health care and the prevention of behavioral health problems.

Numerous [evidence-based programs](http://www.blueprintsprograms.com/programs) have proven effective in helping parents to prevent children’s disruptive, oppositional and defiant behaviors; anxiety and depressive symptoms;  tobacco, alcohol and drug misuse; aggression, delinquency, and violence.  Pediatric and family practice physicians are trusted advisers to parents on all aspects of their children’s health. Yet, current policies discourage primary health care providers from providing parents with these tested and effective programs. [The cost of not receiving these programs is high](http://nam.edu/perspectives-2015-unleashing-the-power-of-prevention/) - behavioral health issues cost America $247 billion per year.  This briefing summarizes the effectiveness of family focused preventive interventions, shares the life changing experiences of people who have participated, and explores the potential for integrating effective family-focused preventive interventions into primary health care to measurably improve population health.

Light refreshments will be provided courtesy of the American Academy of Pediatrics.

This session will be of value to legislators/staffers, evaluators, practitioners, national and community organizations, and funders.

If you plan to attend this briefing, please **register by** **April 15**. To register for this event, [**CLICK HERE**](http://www.npscoalition.org/#!briefing-registration/tjfnd)**.**

====================**Agenda====================**

***Welcome by Moderator:*** [Dr. Diana Fishbein Ph.D.](http://news.psu.edu/story/357684/2015/05/21/academics/diana-h-fishbein-named-director-prevention-research-center), C. Eugene Bennett Chair of Prevention Research at The Pennsylvania State University and Director of NPSC.

***Research on Evidence-Based Parenting Programs:***

* [J. David Hawkins Ph.D.](http://www.npscoalition.org/#!speaker-bios/u1jbi) Endowed Professor of Prevention, School of Social Work, University of Washington. Reviews the personal, social and economic costs of behavioral health problems in children and youth; the effectiveness of 16 evidence based family focused programs proven to prevent these problems; and the potential for widespread promotion of children’s health by providing these programs through primary health care.

***Effective Prevention Focused Parenting in Primary Care – progress:***

* [Ellen C. Perrin M.D.](https://sites.google.com/site/swyc2016/who-we-are), Professor of Developmental-Behavioral Pediatrics, Floating Hospital for Children, Tufts Medical Center. Presents results of [randomized trial](http://archpedi.jamanetwork.com/article.aspx?articleid=1766496) of abbreviated Incredible Years parent program in 11 Boston pediatric clinics with positive effects on both parenting behaviors and children’s behavioral health, describes barriers that inhibit sustainable funding for such programs, and a state Medicaid initiative that is providing funding for a proven family focused prevention program in primary care.
* [Rahil Briggs Psy.D.](http://www.npscoalition.org/#!speaker-bios/u1jbi), Montefiore Medical Center & Department of Pediatrics, Albert Einstein College of Medicine & [Diane E. Bloomfield M.D.](http://www.npscoalition.org/#!speaker-bios/u1jbi), Medical Director, Family Care Center Pediatric Teams, Children’s Hospital at Montefiore, Assistant Professor, Albert Einstein College of Medicine. Presents Healthy Steps and Pediatric Behavioral Health Integration Programs of Montefiore Hospital – comprehensive, innovative behavioral health programs for pediatric and adolescent populations including parenting programs in an integrated care context.

***Parent Perspectives:***

* [Ms. Rebecca Mueller](http://www.npscoalition.org/#!speaker-bios/u1jbi) on [Incredible Years Parenting Program](http://incredibleyears.com/programs/parent/)
* [Ms. Lidiana Baster](http://www.npscoalition.org/#!speaker-bios/u1jbi) on [Familias Unidas](http://www.blueprintsprograms.com/factsheet/familias-unidas)

***Opportunities to Scale Healthy Parenting across the U.S. through Primary Care:***

* [V. Fan Tait, M.D.](http://www.npscoalition.org/#!speaker-bios/u1jbi), Department of Child Health and Wellness, American Academy of Pediatrics
* [Laurel K. Leslie, M.D., M.P.H.](http://www.npscoalition.org/#!speaker-bios/u1jbi), American Board of Pediatrics, Tufts University School of Medicine

***Legislative Initiatives:***

* [Representative Grace Napolitano](https://napolitano.house.gov/about-me/full-biography), Congressional Mental Health Caucus